

Primary non-Hodgkin diffuse large B-cell lymphoma of the lacrimal sac: a rare case of aggressive tumor and literature review

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Abstract

Primary malignant lymphomas of the lacrimal sac are rare neoplasms. They are mainly B-cell lymphoma with nonspecific and atypical symptoms, which can lead to misdiagnosis and a delay in the appropriate cure. Early diagnosis made by biopsy and the right choice of treatments can increase the chance of survival. We report a case of a non-Hodgkin diffuse large B-cell lymphoma (DLBCL) of the lacrimal sac, involving also the drainage system, in a 77-year-old female. She presented with an epiphora, swelling and a heavy visual impairment at the left eye successfully treated with cycles of polychemotherapy and radiotherapy.

Keywords: non-Hodgkin diffuse large B-cell lymphoma, lacrimal sac, epiphora, polychemotherapy

Introduction

Lymphoproliferative diseases of the orbit represent 10-15% of all ocular tumors [1]. They can originate in the periorbital and/or orbital region (primary lymphoma) or be the result of a systemic lymphoreticular spread (secondary lymphoma). A careful histomorphological and immunophenotypical examination is required for the classification of more than 40 different subtypes of lymphoma, all with different behavior and prognosis [2-5]. Clinical signs and symptoms are nonspecific and they vary based on the area of the eye affected [6].

Primary non-Hodgkin's lymphoma (NHL) of the lacrimal sac is extremely rare [7,8].

According to the World Health Organization (WHO) classification of all primary lacrimal sac tumors, diffuse large B-cell lymphoma (DLBCL) occurs at 43%; it is known to be aggressive but potentially curable [9,10], with clinicopathological features and optimal management not well defined. Patients can be managed with multimodality treatments: surgical excision is often the first approach for

decompression of swelling and proptosis followed by either chemotherapy or radiation, or even a combination of both, depending on the lymphoma subtype, age and general status of the patient.

Herein, we provide a rare case of a 77-year-old female with a primary ocular DLBCL of the lacrimal sac. She successfully underwent partial surgical excision of the lesion followed by cycles of polychemotherapy and radiotherapy, showing a remarkable improvement with a shrinkage of the tumor already from the first chemotherapy cycle.

Case report

In January 2020, a 77-year-old woman affected by diabetes mellitus and hypertensive heart disease, presented to her ophthalmologist with an epiphora and a secretion upon awakening for about three months, also complaining of a heavy visual impairment in the left eye over the previous year. On physical examination, the ophthalmologist detected an epiphora and mild serum-mucous reflux of the left lacrimal sac region, where a well-circumscribed swelling was also evidenced,

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This work is licensed under a Creative Commons Attribution-NonCommercial-NoDerivatives 4.0 International License hard and painless. The lower lacrimal ducts were occluded to washing. She started a topical and systemic antibiotic therapy, for approximately one month, without any benefit but with a significant proptosis (Figure 1A). Therefore, the patient was referred to an oculoplastic surgeon for advice, who confirmed the previous diagnosis and added a corticosteroid therapy, in anticipation of the intervention. After 2 days of therapy with 25 mg deltacortene, the swelling appeared to be slightly regressive, but the therapy had to be suspended due to failure of the diabetic pathology.

At the end of February, the patient was admitted to our facility to undergo pre-operative examinations. A facial

CT scan revealed the presence of a large neoformation that invaded the deep left orbit, deformed and dislocated the bulb and reached the front of the eyelid and the root of the ipsilateral nose (Figure 1B). The bone structures and the lymph nodes stations of the head and neck district were intact. One week later a trans-cutaneous orbitotomy type surgery with an arched incision at the inferior internal orbital edge was approached: a tissue of lardaceous color and consistency was found which diffusely infiltrated the surrounded tissues. Therefore, numerous biopsy specimens were taken and a secondary stenosis of the lacrimal ducts was noted, which appeared not infiltrated.

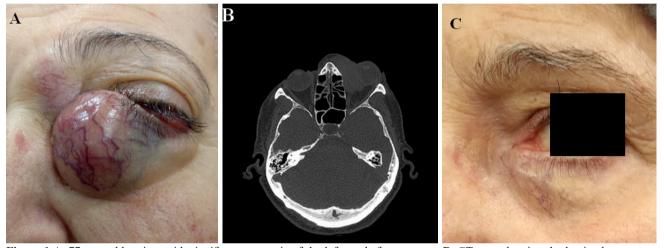


Figure 1 A. 77-year-old patient with significant proptosis of the left eye before surgery; **B.** CT scan showing the lacrimal sac tumor of the left orbit before surgery and chemotherapy; **C.** Complete resorption of the lacrimal sac tumor after surgery and the first cycle of polychemotherapy.

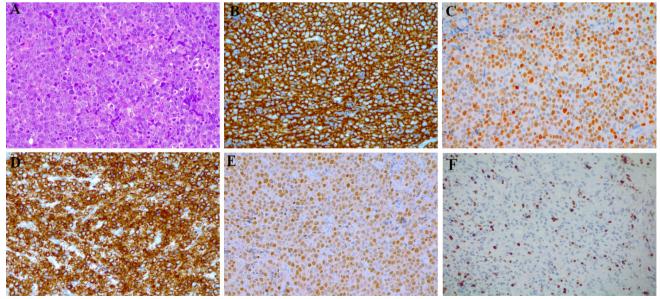


Figure 2 A. Surgical sample of the orbital area. The histomorphological picture is consistent with non-Hodgkin lymphoma, diffuse large B-cell variant, non-germinal center phenotype according to Hans algorithm (H and E, X200, original magnification). Immunohistochemistry staining was positive for CD20 (B); BCL-6 (C); BCL-2 (D); MUM-1 (E); C-MYC (20%) (F) (X200, original magnification).

Histopathological analysis of the paraffin embedded tissues revealed a stromal tissue extensively infiltrated by a lymphoid proliferation, with a diffuse growth pattern, consisting of large B-cells (CD20+) characterized by eosinophilic cytoplasm, large nuclei with dispersed chromatin and evident nucleoli. Mitotic figures were highly frequent. Immunohistochemical stains showed positivity to BCL-6, BCL-2, MUM-1, C-MYC and negativity to CD3, CD5, CD10, CD23, ALK-1 and Cyclin D-1 (Figure 2 A-F). Ki-67 index was greater than 90%. The final diagnosis was of non-Hodgkin lymphoma, diffuse large B-cell variant, non-germinal center phenotype according to Hans algorithm [11].

In March, the patient was referred to the Operational Unit of Oncological Hematology to complete tumor staging. During hospitalization she underwent a bone marrow biopsy and a Positron Emission Tomography (PET) total body, which were both negative. The patient was nominated for a program that included 2 cycles of polychemotherapy, every 28 days, according to the R-COMP scheme by Luminari and collaborators [12] with the addition of Methotrexate (3000 mg/m² g 5 in 3 hours), plus 4 cycles of R-COMP. She showed a marked improvement already from the first chemotherapy cycle with a shrinkage of the tumor (Figure 1C); the only side effect observed was a painful stomatitis, which affected the whole mouth. In November, the latest PET total body revealed no evidence of systemic lymphoma but only a small localized tumefaction at the left lacrimal sac region. Therefore, 1 cycle of radiotherapy for consolidation was planned.

Discussion

Primary lymphoma of the lacrimal sac is exeptionally rare, comprising approximately 1% of nonHodgkin lymphomas and 8% of extranodal lymphomas [13,14] with most cases being of B-cell type and secondary to metastatic lymphoproliferative disease [15].

DLBCL is a typical high-grade tumor, with an aggressive behavior but not impossible to cure. As reported in several studies, DLBCL could represent the transformation/progression of MALT lymphoma, a less aggressive type of lymphoma. The possible delay in the lacrimal sac diagnosis, due to its rather hidden location, can increase the chance of extra genetic alterations inducing a transformation from MALT lymphoma to DLBCL [16,17]. Diagnosis of DLBCL can be difficult due to atypical and nonspecific symptoms at presentation, which often lead to misdiagnosis of dacryocystitis [18]. The common predominant features of lacrimal sac lymphoma are epiphora and painless swelling of the lacrimal sac area, which can be both associated with dacryocystitis. Our patient presented a heavy visual impairment in the left eye, epiphora with a secretion and a well-circumscribed hard and painless swelling of the lacrimal sac region, followed by a significant proptosis.

Computed Tomography (CT) or Magnetic Resonance Imaging (MRI) are initially used not only to evaluate the location, the extension and the possible systemic lymphomatous involvement, but also to plan the most appropriate surgical approach and subsequent treatment [19]. Our patient underwent a pre-operative facial CT scan, which showed the presence of a large neoformation, evenly enhanced on contrast, which deeply invaded the left orbit, deformed the bulb and reached the root of the ipsilateral nose, leaving the remaining bone structures intact. Biopsy is always required for definitive diagnosis of lacrimal sac tumors [2,20]. The histological analyses of the transcutaneous orbitotomy of our patient that referred neither a history of a previous lymphoma nor had any manifestations of systemic lymphoma, showed a non-Hodgkin large B-cell lymphoma, non-germinal center phenotype, confirmed by immunohistochemical staining. Petrella and collaborators in a Phase III trial demonstrated that BCL2 expression but not MYC and BCL2 co-expression in non-germinal center B-cell-like phenotype lymphoma, appeared to confer a worse progression-free survival and overall survival [21].

No common treatment guidelines exist for orbital lymphoma management: the choice depends on the histological type, localization, extension of the disease, age and disease-related prognostic factors. A multimodality approach including surgery, chemotherapy and/or radiotherapy is successfully implied. It is general opinion that total surgical resection of orbital lymphoma is to be avoided for the risk of damage to the eye with consequent partial or total loss of vision. Surgery should be used just for diagnostic purposes [22,23].

One of the main limitations in the treatment of aggressive NHL in elderly and unfit patients is the cardiotoxicity of anthracyclines, which however in this type of lymphomas exert their greatest therapeutic efficacy. Therefore, various polychemotherapy schemes have been proposed with conflicting results [24,25]. Recently a nonpegylated liposomal doxorubicin (Myocet), a drug that has a more favorable cardiotoxicity profile, has been used. Studies conducted on elderly and unfit patients have shown that the R-COMP regimen (analogous to R-CHOP with the replacement of Myocet 50 mg/m² instead of doxorubicin) determines complete response rates of 57-79% and an overall survival of 70-77% [12,26]. In these studies, serious adverse events of a cardiac nature were absent or involved a very low percentage of patients, indicating that liposomal doxorubicin allows to maintain adequate therapeutic efficacy with fewer side effects. In our patient R-COMP scheme was combined with intravenous Methotrexate to further improve complete remission, overall survival and reduce relapses without serious adverse reactions [27,28].

Until the end of November 2020 the disease of our patient remained localized and she appeared in general good health.

Conclusion

Early diagnosis of primay DLBCL of the lacrimal sac is difficult to make due to nonspecific symptoms at presentation. Our patient had been suffering, for about 3 months, of epiphora, secretion and swelling of the lacrimal sac area, which can be considered as early predictive symptoms of malignant lymphomas, but they can be also associated with acute purulent dacryocystitis and mucoceles. Besides, the heavy visual impairment experienced by the patient over the previous year was not a specific sign for neoplasia, as she suffered from severe cataracts. Only the combination of these symptoms, with sudden proptosis and the use of imaging, led to a strong suspicion of neoplasia and immediate surgery.

Primay DLBCL can have a diverse clinical course, with an overall survival rate of 36% [29], but the choice of multimodality treatments after appropriate staging can successfully reduce recurrence and progression of the disease and increase the 3-year overall survival rate up to 77% [12]. At nine months follow-up the patient is doing well, with only a small localized tumefaction. After the cycle of radiotherapy, she hopes to undergo cataract removal surgery.

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