



TXNIP inhibition in the treatment of diabetes. Verapamil as a novel therapeutic modality in diabetic patients

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Abstract

Loss of pancreatic β -cell is a critical factor in the pathogenesis of type 1 diabetes and it also occurs in type 2. TXNIP (*thioredoxin – interacting protein*), also known as vitamin D3-upregulated protein 1, or thioredoxin-binding-protein-2, regulates this process and modulates cellular redox balance. TXNIP is localized primarily in the nucleus, but under oxidative stress it moves to mitochondria, where it interacts with mitochondrial thioredoxin 2. Overexpression of TXNIP induced by hyperglycaemia is typical for diabetes and insulin resistance and leads to apoptosis of pancreatic β -cell, cardiomyopathy, metabolic disorders and multiple harmful effects. It activates NLRP3 inflammasome and IL-1 β , a cytokine involved in type 2 diabetes and insulin resistance. TXNIP influences peroxisome proliferator-activated receptor alpha transcriptional activity, expression of glucose transporter-1, nitric oxide production in endothelium and insulin production in β -cells. TXNIP overexpression leads to diabetic retinopathy, nephropathy, atherosclerosis, it occurs in cancers and autoimmune diseases, while its deficiency protects β cells. Reduction of TXNIP is an important target in diabetes treatment. In this mechanism insulin, metformin and inhibitors of dipeptidylpeptidase IV are involved. It has been observed that calcium channel blockers (CCB) used in hypertension also inhibit TXNIP expression in cardiomyocytes. L-type channels identification in pancreatic β -cells revealed that CCB inhibit TXNIP expression also in β -cells. For the first time, verapamil was distinguished as an agent that not only inhibits TXNIP expression in pancreatic β -cells, but also enhances β cell survival and function, and possibly prevents diabetes.

Keywords: diabetes, TXNIP, verapamil, calcium channel blockers

Introduction

β -cell apoptosis is a key factor in the pathogenesis of type 1 diabetes. Currently, the main strategy of treatment is to preserve glycaemia as close to the reference standard as possible. However, none of the therapeutic models target directly the maintenance of endogenous β -cell mass. Therefore, finding an agent that blocks β -cell apoptosis is a new therapeutic goal.

β -cell mass formation is regulated by proliferation, differentiation and

apoptosis, and it changes depending on environmental and physiological conditions. Critical factor in this process is thioredoxin-interacting protein, TXNIP - a part of α -arrestin family. TXNIP binds and negatively modulates thioredoxin, a redox-protein, influencing the cellular redox balance [1]. Overexpression of TXNIP induced by increased glucose level is typical for diabetes, insulin resistance and triggers cytotoxic effect. TXNIP deficiency protects β cells against oxidative stress, glucose toxicity

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and apoptosis [2]. Drugs that inhibit TXNIP expression became an important therapeutic target in diabetes. Lately, verapamil - a calcium channel blocker, used in treatment of hypertension has been examined as a potential therapeutic agent in diabetes.

Mechanism of TXNIP activity

TXNIP acts mainly by inhibition of thioredoxin (Trx) activity. There is thioredoxin-1 in the cytosol and thioredoxin-2 in the nucleus, which have been identified in pancreatic β -cells. Overexpression of TXNIP decreases thioredoxin reductive activity, binds 2 cysteine residues at the Trx active center and cells become more susceptible to oxidative stress and apoptosis [1]. Oxidative stress, due to the overproduction of reactive oxygen species which leads to the induction of protein modification and lipid peroxidation and subsequent cellular dysfunction, has been implicated in numerous human diseases. Thioredoxin system plays an important role in counteracting cellular oxidative stress [3]. It is crucial in maintaining the balance of intracellular reduction/oxidation. Thioredoxin-interacting protein induces oxidative stress by inhibiting thioredoxin activity by direct binding to Trx1, Trx2 and thus inhibits the reducing activity of thioredoxin through their disulfide exchange [4].

It has been revealed that under physiological conditions, TXNIP is localized primarily in the nucleus of pancreatic β -cells and acts as a transcriptional co-repressor by interacting with histone-decetylase-1. Its nuclear localization is mediated mainly by importin- α 1, a part of α -arrestin family. In response to oxidative stress, TXNIP moves from nucleus to mitochondria, where interacts with mitochondrial thioredoxin-2, oxidizes it and inhibits ASK-1 kinase activity [5]. TXNIP competes with ASK-1 to bind to thioredoxin-2, which results in the release of ASK-1, its activation, phosphorylation and initiation of the apoptotic signalling cascade in β -cells [6]. Decreased level of thioredoxin-2 leads to increased cytochrome c release, a mitochondrial death marker [7]. Knockdown of thioredoxin-2, but not thioredoxin-1 results in activation of caspase-3 [5].

TXNIP is also involved in NOD-like receptor protein-3, NLRP3 inflammasome activity in a redox dependent system [8]. NLRP3 inflammasome activation is initiated by TXNIP and it has been implicated in obesity-induced insulin resistance and β cell dysfunction [9]. Increased TXNIP-NLRP3 activation, nitrate stress and impaired vascular endothelial growth factor-receptor 2, VEGF-R2 activation are involved in high-fat diet-induced obesity that compromise vascular recovery in response to ischemic insult. Deletion of TXNIP restores blood flow, reduces nitrate stress and inhibits inflammasome-mediated inflammation, but it does not impact VEGF/VEGF-R2 [10]. NOD-like receptors are localized in the cytosol, where they act as molecules detecting signals from

cells undergoing stress, damage or death [11]. Activated NLRP3 forms inflammasome, responsible for activation of caspase-1 and -5, which leads to proteolytic activation of the proinflammatory cytokines, i.e. IL-1 β , a cytokine involved in type 2 diabetes, insulin resistance and acute liver failure. Increased level of IL-1 β directly inhibits insulin signalling cascade by serine phosphorylation of insulin receptor substrate (IRS)-1 and indirectly induces TNF- α , which is an inducer of insulin resistance [12]. Targeting TXNIP-NLRP3 inflammasome is a potential therapeutic target also in obesity-induced vascular complication and acute liver failure, as well [13].

TXNIP function

TXNIP is expressed in peripheral tissues: skeletal muscles, adipocytes, liver, central nervous system, cardiomyocytes, endothelium. Thioredoxin system plays a significant role in carbohydrate metabolism, insulin production and sensitivity, blood pressure regulation, atherogenesis, inflammation, chemotactic activity of macrophages and elevated triglyceride-HDL ratio, in addition to central obesity and often accompanied by non-alcoholic steatohepatitis [14]. TXNIP is associated with glucose and lipid metabolism through pleiotropic actions including influence on the β -cells function, hepatic glucose production, adipogenesis, decrease of energy expenditure, reduction of insulin sensitivity in peripheral tissues (Table I) [15,16]. TXNIP is also a critical factor in diabetic cardiomyopathy [2]. In malignant tumors, such as acute lymphocytic leukemia, lung carcinoma, breast cancer, colorectal cancer, hepatocellular and gastric cancer, non-Hodgkin lymphoma, pancreas cancer, myeloma, an increased level of thioredoxin have been reported in association with aggressive tumor behavior. Thus, Trx system is also targeted for the prevention and treatment of cancer, autoimmune and chronic inflammatory diseases [14]. Expression of TXNIP is induced by UV radiation, γ -radiation, high temperature, hypoxia, H₂O₂ and hyperglycemia. TXNIP expression in pancreatic β -cells generated by high glucose levels is critical for glucotoxicity-induced apoptosis of β cells [17]. TXNIP does not harm cells, when it is within reference levels, but when its level increases, there are many undesired metabolic effects. TXNIP also serves as a key regulatory point for cells in deciding how to respond to acute energy stress. It has been reported that the modulation of the thioredoxin system may be considered as a new target in the management of the metabolic syndrome, insulin resistance, and type 2 diabetes, as well as in the treatment of hypertension and atherosclerosis.

TXNIP regulates peripheral glucose uptake, influencing expression and localization of GLUT-1 (glucose transporter-1). TXNIP suppresses glucose uptake directly by binding to the GLUT-1 inducing its internalization (Figure 1) and indirectly, by reducing the level of GLUT-1 mRNA.

TXNIP is phosphorylated by AMP-activated protein kinase, AMPK under energy stress. Phosphorylation of TXNIP leads to degradation of TXNIP, its dissociation from the glucose transporter GLUT1. Thus, it prevents GLUT1 from being endocytosed, substantially increased expression of GLUT-1 and consequently permitting an acute increase in glucose influx (Figure 2) [18,19]. Phosphorylation on the same TXNIP site by protein kinase B (AKT) results in an equivalent increase in glucose influx. Activation of AKT increases glucose uptake for energy storage in muscle and adipose tissues, as well as for energy consumption in fast dividing cells, such as in cancer. TXNIP is a direct substrate of protein kinase B and is responsible for mediating AKT-dependent acute glucose influx after stimulation by growth factor. TXNIP is also an adaptor for the basal endocytosis of GLUT-4 and its absence allows rapid glucose uptake in muscle and adipose tissues, which causes hypoglycemia during fasting. TXNIP is as a key node of signal regulation and response for modulating glucose influx through GLUT1 and GLUT4 [20].

It was observed that reduction of TXNIP expression by siRNA gene silencing enhanced both basal and insulin-

stimulated glucose uptake [15]. TXNIP mediates glucose dependent up-regulation of islet amyloid peptide, that promotes inflammation and β -cell toxicity by aggregating into insoluble amyloid fibrils found in islets of most patients with type 2 diabetes [21]. The occurrence and development of diabetes and its chronic complications are closely related to the oxidative stress reaction and the increase of oxygen free radical production in diabetic patients. TXNIP facilitates the oxidative stress response in glomerular mesangial cells through AMPK pathway and leads to diabetic nephropathy. Thus TXNIP is a therapeutic target for diabetic nephropathy treatment [4].

It has been argued that TXNIP inhibition enhances β -cell survival and function [22]. It is still unclear whether it is caused by their increased proliferation or only by inhibition of β -cell loss. TXNIP deficiency prevents insulin resistance and diabetes type 2 [23]. In Shalev's studies, reduction of TXNIP levels was beneficial, animals improved insulin sensitivity, did not develop diabetes or metabolic disorders. TXNIP-deficient mice had increased β cell mass [2]. Overexpression of TXNIP has been evidenced in patients with diabetes and glucose intolerance [15].

Table I. TXNIP influence on metabolism.

INHIBITS	ACTIVATES
GLUT-1 expression	NLRP3
GLUT-4 expression	IL-1 β
Insulin production	Cytochrome c release
MafA	Apoptosis
Thioredoxin activity	Caspase 1, 5
ASK-1 activity	AMPK activation
PPAR- α transcriptional activity	miR-204
HIF-1a	LDL, VLDL increased level
NO production	
VEGF signalling	
p38 MAPK	
PI3K/AKT pathway	
Glycolysis	
Gluconeogenesis	

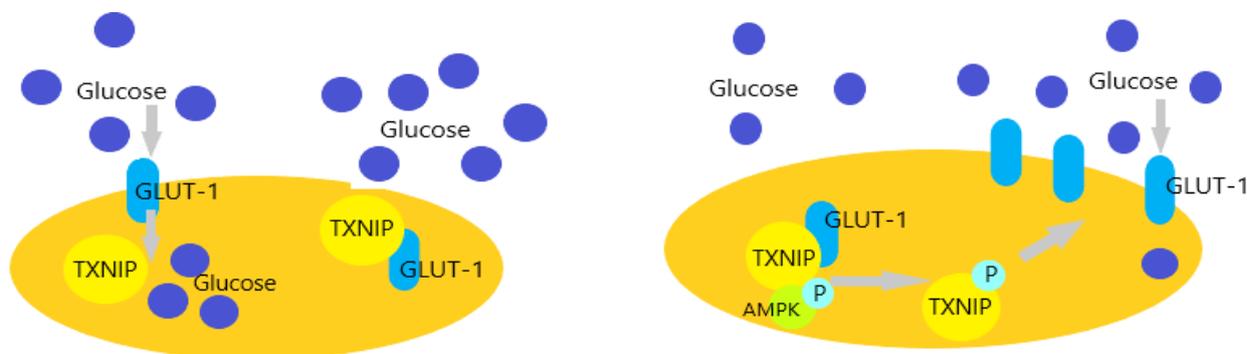


Figure 1 (left). Direct suppression of glucose uptake by TXNIP binding to GLUT-1. It leads to its internalization.

Figure 2 (right). Phosphorylation of TXNIP by AMP-activated protein kinase, AMPK leads to its degradation and increased expression of GLUT-1.

TXNIP is expressed in the endothelium, where its raised level results in pro-inflammatory factors activation. During prolonged hypoxia TXNIP expression is increased, as a result of inhibition of the mTORC1 signaling pathway [24]. TXNIP overexpression reduces hypoxia-inducible factor 1 α activity. There are multiple interactions between thioredoxin-interacting protein and nitric oxide signalling. TXNIP inhibits NO production in endothelium and the production of iNOS is significantly increased in TXNIP gene knockout mice [25]. It has been shown that not only TXNIP suppresses NO generation and its biological effects, but also NO inhibits expression of TXNIP mRNA [26,27]. Those changes are accompanied by decreased vascular endothelial growth factor, concurrent with increased expression of reactive oxygen species and vascular cell adhesion molecule-1 in the aortic endothelium. In addition, TXNIP overexpression in primary human aortic endothelial cells induced by hyperglycaemia or overexpression of carbohydrate response element binding protein (ChREBP) promotes early apoptosis and impaired NO bioactivity. The correlation between TXNIP expression levels and endothelial dysfunction suggests that TXNIP is a biomarker for vascular complications in diabetic patients [28].

Overexpression of thioredoxin-interacting protein contributes to the development of diabetic retinopathy [29]. Genetic inhibition of TXNIP preserved retinal neuronal function in retinopathy. Lina et al. discovered that in diabetic retinopathy treatment with verapamil through inhibition of TXNIP enhanced thioredoxin reductase, significantly inhibited toll-like-receptor-4 mediated NLRP3-inflammasome assembly with subsequent diminishing of inflammatory markers (TNF- α and IL-1 β) release into the vitreous, suppression of pathological angiogenesis and preservation pancreatic islets diameter [30].

Perrone et al. investigated whether hyperglycemia and activation of the receptor for advanced glycation end products (RAGE) cause inflammation in rat retinal endothelial cells through TXNIP activation. They discovered that RAGE activation by its ligand S100B and hyperglycemia in retinal endothelial cells induces the expression of TXNIP and inflammatory genes: Cox2, VEGF-A, ICAM1 and leads to endothelial dysfunction in diabetic retinopathy [31]. Duan et al. investigated whether the absence of TXNIP alters diabetes-associated retinal angiogenesis. They observed that knockdown of TXNIP in mouse model suppresses moderately high glucose-induced reactive oxygen species generation, migration, tube formation and activation of Akt/mTOR pathway. Gene silencing of TXNIP blocks VEGF-induced angiogenic response by inhibiting VEGF-R2 and downstream signal pathway Akt/mTOR activation [29]. In conclusion, TXNIP deficiency inhibits vascular endothelial growth factor and moderately high glucose-induced angiogenic response in mice retinas and suggests TXNIP is a potential therapy target for treatment of proliferative diabetic retinopathy.

Pharmacological regulation of TXNIP Calcium channels blockers

First class calcium channels blockers (CCB) inhibit L-type calcium channels which are present in the cardiomyocytes and also in pancreatic β -cells. It has been proved that CCBs reduce TXNIP expression in β -cells and enhance their survival [32]. Verapamil is first class L-type calcium channel blocker and reduces cellular calcium influx, which results in vasodilatation, lowering blood pressure and in reduction of cardiac muscle contractility and atrioventricular conduction slowing [33]. β -cell insulin release is also dependent on calcium influx. Inhibition of calcium entry is expected to inhibit β -cell insulin release. However, significantly increased insulin-serum levels were observed in verapamil-treated animals. In an experiment with severe-insulin-resistant mice, verapamil improved insulin sensitivity and contributed to overall improved glucose homeostasis [32].

Ovalle et al. assessed the efficacy and safety of oral verapamil added for 12 months to a standard insulin regimen in adult patients with recent-onset of type 1 diabetes. All patients were screened with mixed-meal tolerance tests, MMTT for the presence of a minimal stimulated C-peptide value of ≥ 0.2 nmol/L and at least one positive auto-antibody associated with type 1 diabetes. To assess endogenous beta cell function, the primary endpoint, they measured the MMTT stimulated C-peptide area under the curve at baseline, after 3 months and 12 months. The results showed that verapamil group had lower mean fasting plasma glucose - 6.4 mmol/L, while the control group achieved 6.9 mmol/L. HbA1C level was non-significantly diminished: the verapamil group 6.6 %, while in the placebo group 6.8 % HbA1C. Hypoglycemic events defined as blood glucose episodes < 2.2 mmol/L was 0.5 events/month in the verapamil group, and 2.7 events/month with placebo. Moreover, exogenous insulin requirements after 12 months increased 27.0 % in the verapamil group, but in control group 69.8%. In 3 months insulin requirements were raised by 26.0 % in placebo group and only by 5.9% in the verapamil group. The endogenous β cell function determined by meal-stimulated C-peptide AUC in verapamil group was significantly larger: 0.74 nmol/L than in control group 0.46 nmol/L at both 3 and 12 months [34]. The authors revealed that an addition of verapamil may be a safe and effective novel approach to promote endogenous beta cell function and reduce insulin requirements and hypoglycemic episodes in adult patients with recent-onset of type 1 diabetes.

The molecular mechanism of verapamil influence on pancreatic β -cells was explained in Shalev's study. It has been proved that verapamil and other calcium channel blockers decrease TXNIP expression and prevent β -cells apoptosis in mouse model and in humans, as well. Verapamil and other CCBs preserve functional β -cell mass through inhibiting TXNIP expression, prevent

from streptozocin-induced diabetes and enhance glucose homeostasis in obesity-induced diabetes. This protection was accompanied by 80% reduction of TXNIP levels in isolated islets of verapamil-treated animals [32]. Thus, verapamil is as an agent delaying β -cell apoptosis.

It has been shown that verapamil acts through reduction of intracellular calcium level, inhibition of calcineurin signaling, reduction of carbohydrate response element binding protein, ChREBP nuclear entry and its binding to the E-box repeat in the TXNIP promoter in a time-dependent manner, which results in the inhibition of TXNIP transcription (Figure 3). In response to glucose, ChREBP dephosphorylates, translocates from the cytosol into the nucleus and binds to E-box repeat [35]. Verapamil leaves ChREBP mRNA expression and total ChREBP protein levels unchanged, while nuclear ChREBP is significantly reduced. Calcium regulates gene expression by two pathways, the calcium-dependent Ser-Thr protein phosphatase 2B, PP2B/calcineurin and calcium/calmodulin-dependent protein kinase, CaMK. It has been found that the calcineurin inhibitor-CyA reduced TXNIP mRNA levels and TXNIP promoter activity. It also led to decreased carbohydrate response element binding protein nuclear levels, thereby mimicking verapamil effects [36].

To study the influence of other calcium channels blockers on β -cell TXNIP expression, Shalev et al. incubated INS-1 rat β -cells with diltiazem or verapamil and measured changes in endogenous TXNIP mRNA. Both agents decreased TXNIP mRNA, but verapamil resulted in 50% reduction. In contrast, propranolol (β -blocker) had no effect on TXNIP expression. The studies were performed at 11 mmol/l glucose, however verapamil had no effect on TXNIP expression under normal glucose level (5 mmol/l) [32]. In a cohort study REGARDS (Reasons for Geographical and Racial Differences in Stroke), Khodneva et al. examined the relationship between the use of various calcium channel blockers and fasting serum glucose levels in diabetic patients [37]. Patients treated with verapamil and other calcium channels blockers had lower fasting serum glucose by 9.7 mg/dL and 7.3 mg/dL respectively, compared to non-calcium channels blockers users. Additionally, verapamil users had 9.6 mg/dL lower blood glucose compared to diabetic without calcium channels blockers therapy. There was no statistically significant difference in serum glucose level between verapamil-users and non-users. Dissimilarity in serum glucose in verapamil-users and non-users was greater for those on insulin therapy only. The differences were greater between insulin-users and patients on insulin in combination with oral therapy. The largest difference [37 mg/dL] was in patients treated insulin and verapamil alone. Similar but less pronounced differences in fasting serum glucose levels were found for the all examined calcium channels blockers.

Influence of calcium channels blockers on the development of diabetes was also measured in International

Verapamil SR-Trandolapril Study [INVEST] trial. Predictors of development of type 2 diabetes among patients treated for high blood pressure were examined. Participants treated with verapamil and trandolapril were less likely to develop diabetes than those treated with atenolol [38].

Verapamil reduces TXNIP expression in cardiomyocytes [39]. Administration of verapamil in mice reduced cardiac TXNIP expression and cleaved caspase-3, even in severe diabetes and diminished TXNIP levels were associated with decreased apoptosis. The effect was dose-dependent [40]. Cardiomyocyte-specific TXNIP gene knock-out reduced caspase-3 level in the heart, diminished apoptosis and reduced cardiac hypertrophy in response to hypertension [39]. TXNIP reduction is a powerful aim to enhance survival of cardiomyocytes and agents such as calcium channels blockers become an important therapeutic target. Xu et al. investigated the role of TXNIP in prediabetic neuropathy and therapeutic potential of verapamil. Verapamil, a known inhibitor of calcium channels, also improved prediabetic neuropathy in the high-fat-diet-fed mice by inhibiting the upregulation of TXNIP. This finding suggests that TXNIP might be a potential target for the treatment of neuropathy in prediabetic patients with dyslipidemia as well [41].

Carbohydrate response element binding protein (ChREBP) whose nuclear entry is significantly reduced in response to verapamil is mainly expressed in β -cells, liver and adipose tissue. Minghying et al. investigated that the TXNIP antagonist verapamil inhibits activation of the NLRP3 inflammasome, inflammatory responses and oxidative stress in acute liver failure, ALF. After confirming the optimal concentration of verapamil for ALF it was evident that, compared with the control and verapamil groups, serum levels of ALT and AST were significantly reduced by verapamil treatment [13]. Verapamil plays a protective role during the treatment of non-alcoholic fatty liver disease, NAFLD. Its administration significantly improves glucose control, body weight, and serum triglyceride levels and reduces pro-inflammatory marker levels [42].

Insulin

TXNIP and diabetes induces in β -cell expression of a specific microRNA, miR-204, which blocks insulin production by directly targeting and down-regulating *MafA*, insulin transcription factor [23]. It has been found that insulin represses TXNIP gene expression (Figure 4). It has been observed that in TXNIP gene knockout mice the serum insulin and C-peptide levels were elevated and prolonged secretion of insulin has been shown [22]. It was unclear if suppression of TXNIP by insulin was secondary to lower glucose level or due to a direct effect of insulin influence. It has been shown in mouse model that the influence of insulin on TXNIP expression is strongly related with insulin receptor signaling. In mouse skeletal muscle with insulin receptor gene knockout, treatment with insulin failed to suppress TXNIP expression [15].

Metformin

Metformin, dimethylbiguanide, is commonly used in the treatment of diabetes mellitus type 2. It decreases glucose-induced TXNIP mRNA and protein levels in beta cells through its ability to activate AMPK [35]. Metformin suppresses the recruitment of ChREBP and FOXO1 on TXNIP promoter in endothelial cells, as well as verapamil,

Mechanisms of inhibition TXNIP

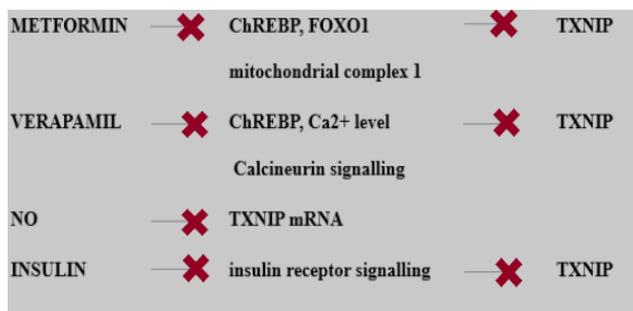


Figure 3. Possible mechanisms of inhibition of TXNIP. [— X - inhibition]

Conclusions

TXNIP has a pleiotropic influence on metabolism (Table I). Overexpression of TXNIP is typical for patients suffering from diabetes type 1 and 2 and its chronic complications, as well as in cancers, autoimmune diseases, elevated triglyceride–HDL ratio and atherosclerosis. It has been proved that TXNIP inhibition is a critical mechanism preventing β-cell apoptosis, cardiomyopathy, diabetic retinopathy, nephropathy, neuropathy, autoimmune disorders, cancers and acute liver failure. It reduces oxidative stress, inhibits inflammasome-mediated inflammation and improves insulin sensitivity. Commonly used anti-diabetic drugs, i.e. insulin, metformin, DPP-IV inhibitors act in this mechanism. It has been observed that first class calcium channels blockers inhibit L-type calcium channels which are present not only in the cardiomyocytes, but also in pancreatic β-cells. Decreased expression of TXNIP in cardiomyocytes in diabetic patients treated with calcium channels blockers because of hypertension finally focused the attention on verapamil. It acts through TXNIP inhibition to promote β-cell survival and improve glucose-homeostasis. In patients treated with verapamil and insulin, better glucose profile was observed as well as higher C-peptide levels. Moreover, it has been proved that inhibition of TXNIP by verapamil improves retinal neuronal function and mitigates diabetic retinopathy, as well as pancreatic injury. Numerous studies proved that verapamil enhances β-cell function by inhibition of TXNIP and has

partially by reducing their nuclear entry and is mediated by the AMP activated kinase, AMPK (Figure 4) [43,44]. Metformin suppresses not only the expression of TXNIP, but also the interaction between TXNIP and NLRP3, which leads to activation of proinflammatory cytokines, involved in type 2 diabetes and insulin resistance [45].

METFORMIN, INSULIN, VERAPAMIL

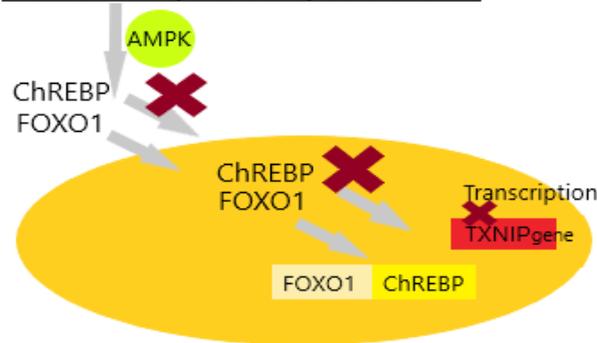


Figure 4. Inhibition of TXNIP transcription through suppression the nuclear entry of ChREBP and FOXO1 by verapamil, metformin and insulin.

a wide positive effect on whole metabolism. It helps to prevent serious diabetic complications – cardiomyopathy, neuropathy, retinopathy, nephropathy, acute liver failure, non-alkoholic fatty liver disease, while other calcium channels blockers do not present such an influence. Verapamil added to standard insulin therapy is effective in reducing of insulin requirements, hypoglycemic episodes and lowering fasting serum glucose. The multiple effects of verapamil, because of its inhibition of TXNIP, brings new information regarding its administration. Verapamil used as an additional drug or as a preferred drug in concomitant hypertension affects positively the diabetes treatment. Through its mechanism of action verapamil became an interesting object of further studies in multiple diseases.

Abbreviations

- AKT – protein kinase B
- ALF – acute liver failure
- ALT – alanine aminotransferase
- AMP – adenosine monophosphate
- AMPK – AMP-activated protein kinase
- ASK-1 – apoptosis signal regulating kinase 1
- AST – aspartate aminotransferase
- AUC – area under curve
- CaMK – calcium/calmodulin-dependent protein kinase
- CCB – calcium channel blockers
- ChREBP – carbohydrate response element binding protein

COX2 – cyklooxygenase 2
 CyA – cyclosporin A, calcineurin inhibitor
 [DPP-IVi] – inhibitors of dipeptidylpeptidase
 FOXO1 – forkhead box O1
 GLUT-1 – glucose transporter 1
 H₂O₂ – Hydrogen peroxide
 HbA1c – hemoglobin A1c
 HDL – high-density lipoprotein
 HIF-1 α – Hypoxia-inducible factor 1-alpha
 ICAM 1 – intercellular adhesion molecule 1
 IL-1 β – Interleukin 1 beta
 iNOS – Inducible nitric oxide synthase
 INS-1 rat β -cells – rat insulinoma cell line INS-1
 IRS – insulin receptor substrate
 LDL – low-density lipoprotein
 MafA – Transcription factor
 miR-204 – MicroRNA 204
 MMTT – mixed-meal tolerance tests
 mRNA – Messenger RNA
 mTOR – mammalian target of rapamycin complex
 NAFLD – non-alkoholic fatty liver disease
 NF- κ B – nuclear factor κ B
 NLR – nucleotide oligomerization domain-like receptor
 NLRP 3 – nucleotide oligomerization domain-like receptor
 pyrin 3
 NLRP3 – NOD-like receptor protein-3
 NO – Nitric oxide
 NOD-like receptor protein – nucleotide oligomerization
 domain-like receptors
 p38 MAPK – p38 mitogen-activated protein kinase
 PI3KIAKT – phosphatidylinositol 3-kinase (PI3K)/protein
 kinase B (AKT)
 PP2B/calcineurin – protein phosphatase 2B
 PPAR- α – Peroxisome proliferator-activated receptor alpha
 RAGE – receptor for advanced glycation endproducts
 Ser-Thr protein phosphatase 2B – Serine/threonine-protein
 phosphatase 2B
 siRNA – small interfering RNA
 TBP-2 – thioredoxin-binding-protein-2
 TLR-4 – toll-like receptor 4
 TNF- α – tumor necrosis factor alpha
 Trx – thioredoxin
 TrxR – thioredoxin reductase
 TXNIP – thioredoxin-interacting protein
 UV – Ultraviolet
 VEGF – vascular endothelial growth factor
 VEGF-A – vascular endothelial growth factor A
 VEGF-R2 – vascular endothelial growth factor-receptor 2
 VLDL – very low density lipoprotein

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