



BOOK REVIEW

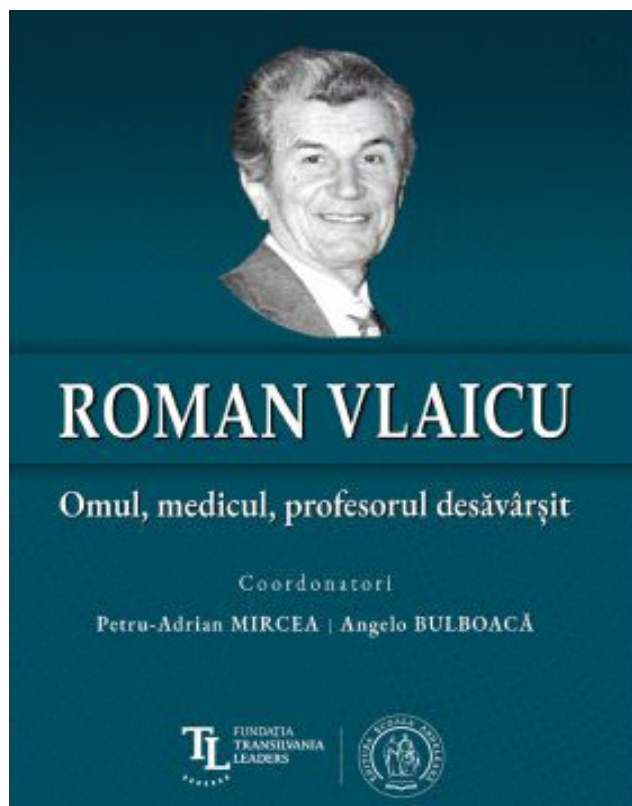
## Roman Vlaicu. Omul, medicul, profesorul desăvârșit

[Roman Vlaicu. The consummate man, physician, teacher]

Editors Petru-Adrian Mircea, Angelo Bulboaca

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130 pages including photographs.



Roman Vlaicu was an emblematic professor of the Medical School of Cluj-Napoca in the seventies and eighties. He was a self-made man, born in 1927 in a modest rural family from the Western Carpathians. After a difficult childhood, he succeeded in graduating from the Faculty of Medicine in Cluj in 1952. He pursued an academic career and step by step, in 1972 he became professor and later the head of the 1<sup>st</sup> Department of Internal Medicine in Cluj-Napoca. He was also engaged in academic functions, becoming vice-rector and member of the editorial board of this journal (with the name *Clujul*

*Medical* at that time). He retired in 1992 and worked for a few years at the new medical faculty of Oradea; he passed away in 2010.

His personality is remembered nowadays mainly for his teaching talent and scientific contributions. Being a very good orator, he became much loved for his lectures, practical seminars, and courses. In addition, he elaborated and coauthored a substantial number of textbooks and handbooks used by medical students and trainees across the country.

His scientific activity was primarily in the field of cardiology, himself having trained as internist and cardiologist. Together with his teams of young researchers and clinical staff, he investigated the metabolic syndrome, the immunopathogenesis of the atherosclerotic plaque, the biochemical changes in atherosclerosis, etc.

Having a special social ability, he had very good relations with the disciples and students.

It is no surprise that his contemporaries, coworkers, and disciples dedicated this book to his memory. Both editors, faithful disciples of Professor Vlaicu, obtained for this “In memoriam” book the contribution of other 28 personalities. The authors of each chapter belong to two generations of physicians, influenced, or inspired by Roman Vlaicu. They perform in a wide range of specialties, because the interaction with the commemorated professor was multilateral: clinicians, radiologists, nephrologists, immunologists, surgeons, basic scientists. Some live and work now elsewhere in Romania, Europe and North America.

The reader of the book will find a unanimous enthusiasm in praising Professor Vlaicu, each from their personal point of view and circumstances in which they met him or were influenced or educated by him.

The volume is well written, published in very good conditions, with a beautiful dust jacket. It is recommended to all alumni of the Cluj medical school, also as a model of celebration for our forerunners.

**Professor Dan L. Dumitrascu**