

## SCORURI DE RISC ÎN MEDICINĂ - GHID PENTRU STUDENȚI, REZIDENȚI ȘI SPECIALIȘTI [SCORES OF RISK IN MEDICINE, A GUIDE FOR STUDENTS, RESIDENTS AND SPECIALISTS]

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Scoring is a new temptation of medical doctors. More and more scores are created and used. But how much are they always necessary? Shall we always have a score booklet or booknote with us during our consultations? A review and evaluation of the medical scores is therefore necessary.

The guideline **Scores of risk in medicine** was written by a group of ten authors from Iasi, from professors to residents.

This guide, created with the instinct of the practitioner, was designed for different medical specialties, focusing on the current paradigm of the evidence-based medicine.

The authors included in the guideline 13 chapters, describing the major international scores used in several specialties such as anesthesia and intensive care, cardiology, gastroenterology, obstetrics and gynecology, hematology, infectious diseases, emergency medicine, nephrology, neurology, pulmonology, psychiatry, rheumatology, toxicology.

The scoring systems presented in this volume reflect the necessity to have a clinical tool that confirms diagnosis associated with clinical and laboratory data.

This pocket format of the guide allows the fast access to a large number of clinical guidelines that have a substantial contribution in medical practice, especially in emergency situations.

It was conceived as educational tool, being elaborated and intended to be a practical aid for guidance and an informative medical reference for everyday practice.

Readers will consider this guide extremely useful during the duty hours, efficient for use, both for students and for resident physicians and specialists.

The friendly pocket format and the fact that it covers the most updated scores, better or less known by practitioners, allows us to recommend it for clinicians, whether young or experienced.

The guide offers extensive information on scores of different specialties. Each chapter is divided into logical subchapters: initially one can find a general description, followed by a detailed description of each item of the scores, in relation with the corresponding disease.

The inclusion of many tables, easy to read, makes the book very accessible.

At the end we find extensive and useful references, for secondary reading.

This book can be characterized with the words of Anatole France "The whole art of teaching is only the art of awakening the natural curiosity of young minds for the purpose of gratifying them afterwards". The authors proved their capacity to proceed accordingly.

Alexandra Parvu